

Washington D.C. Congressman Sanford Bishop, Representative for Georgia's Second Congressional District, today announced that the SOWEGA Council on Aging (COA) will soon receive a \$245,000 grant from the U.S. Department of Housing and Urban Development, which it plans to put toward building a new senior center.

"The SOWEGA COA has done a great job of serving senior citizens and helping those in need since 1966. A new senior center will continue its legacy of giving back to the community," said Congressman Bishop. "This project will impact the lives of many area seniors for years to come."

SOWEGA COA helps seniors transition into the better parts of their lives with various activities by providing helpful resources and fostering a community atmosphere. It allows the elderly to not only enjoy life, but also teaches them how to live healthy and stress free.

"The SOWEGA COA wants to thank Congressman Bishop for his continued interest and support of the senior citizens in Southwest Georgia. We are looking forward to using the grant for the construction of a new senior center in Albany," said Kay Hind, Executive Director for the Council.

"We are grateful for the support Congressman Bishop gives to senior citizens in our Southwest Georgia district. We are excited about this grant as we move forward with a state-of-the-art new senior center which will help us better serve our clients," said SOWEGA COA board president Reba Stewart.

SOWEGA COA represents a diverse set of individuals in fourteen counties throughout southwest Georgia. Its numerous programs are geared to the health and well being of its members. For more information, contact 229-432-1124.